# Teaching Tips

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## **Johari's Window and Medical Education**

This model, developed by Luft and Ingham in the 1950s, was initially used to describe human interactions. It has more recently been used to teach self-awareness of knowledge in medical training. Below we explain how to use Johari's window to identify learning needs in the clinical setting. Working backwards...

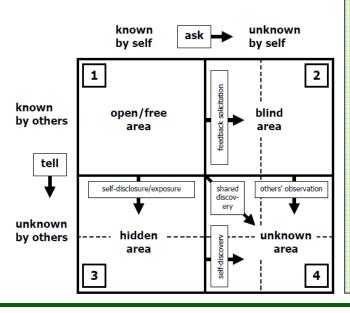
**Area 4:** This area represents needs that are "unknown" to both the student and preceptor. Recognizing this quadrant exists is the first step. Assessment by multiple stakeholders (self, staff, peers, preceptor) can elicit topics to address.

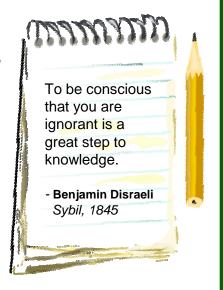
**Area 3:** This area is often referred to as the "façade" because students are aware of weaknesses that the preceptor is not. Learners must feel they are in a safe environment and trust their preceptors to share fears and flaws. This is challenging when contact is limited in clinic and supports the need for multiple contacts with the same preceptor. Discussion and small group work are useful methods.

**Area 2:** The "blind" quadrant includes learning needs known by the preceptor, but not the student. Trust is again imperative.

Formative feedback introduces learning deficits and didactic methods (or assigned readings) can be used to deliver the content.

Area 1: The "open" quadrant represents needs that are apparent to both student and preceptor. The goal is to expand this quadrant. Once needs are identified, learning can be facilitated and assessed.





### References / Resources:

Abela, J. (2009). Adult learning theories and medical education: a review. *Malta Medical Journal*, 21(1), 11-18.

McKimm, J., & Swanwick, T. (2009). Assessing learning needs. *British Journal of Hospital Medicine*, 70(6), 348-351.

### Figure on left from:

Chapman, A. (2003). Johari window model.

www.businessballs.com/johariwindowmodel.htm



<u>Teaching Tips</u> is a monthly e-newsletter for Faculty, Residents, and Community Preceptors sponsored by the DFSM Faculty Development Fellowship at Montefiore Medical Center. Teaching Tips will include practical teaching techniques for busy physicians who want to enhance teaching and learning at their clinical practices. If you have any questions, comments, or suggestions for future topics for Teaching Tips please contact Ellen Tattelman at <a href="mailto:etattelm@montefiore.org">etattelm@montefiore.org</a>, Jennifer Purcell at <a href="mailto:jennifer.purcell@einstein.yu.edu">jennifer.purcell@einstein.yu.edu</a>, or Stacia Maher at smaher@montefiore.org.